

Date: **May 2017** Issue: **Thirty Six**

Welcome to the NKF In Touch newsletter for May 2017.

Please forward any articles etc that you would like sharing via the next newsletter to Fiona Bromhead fiona@kidney.org.uk by 10th June.

Contents:

Action Point

NKF Annual Conference – page 1

Information

Denny Abbot – page 2

World Kidney Day – page 2

NKF Helpline

Safe use of mobile phones in NHS hospitals – page 3

NKF Fundraising

NKF spring draw results – page 4

KPA Christmas draw tickets – page 5

NKF £1 Trolley key rings – page 5

London Bridges Trek – page 5

London Marathon 2017 – page 5

Who NKF seeks to influence:

NHS England

NHSBT

NICE

Department of Health

Government Ministers

Welsh Government

Northern Ireland Assembly

Scottish Government

All Party Parliamentary Kidney
Group

Trusts and Hospitals



Action Point

NKF Conference – 13th – 15th October 2017

Hinckley Island Hotel, Leicestershire

KIDNEY PATIENTS UK

Planning is well underway for the annual patients' conference and with only 5 months to go bookings are now rolling in. You can find a booking form on the back of this month's Kidney Life magazine which shall be arriving through your letter box in the next couple of weeks and also on the NKF Website

<http://booking.kidney.org.uk/>. Please call the NKF office on 01909 544999 if you require any further information, or to make a booking over the telephone.

We hope you will join us for a very informative weekend.

It is with much sadness that we have to inform you of the loss of one of our valued executive member Mrs Denny (Denise) Abbott who passed away on Sunday 30th April.

Denny was a long standing supporter of the NKF, an NKF Executive Member, previous NKF Officer and the NKF Conference Chairman.

Denny's funeral will be held on Wednesday 31st of May at 2pm at:
Gloucester Cemeteries & Crematorium
Coney Hill Road
Gloucester
GL4 4PA

Followed by:
Higham Village Hall
Newent Road
Highnam
Gloucester
GL2 8DG

This is to be a celebration of Denny's life and people are requested to wear colour rather than black.

This took place on 9th March and saw continued growth in this country and worldwide. KPA's will be reporting on their individual activity inside Kidney Life however it is already clear that much more use of Social media was an integral part of the run up to the day and on the day itself. Attempts to involve national press and media had limited effect. As Chairman of the oversight group Tim Statham was personally very pleased that the group raised sufficient sponsorship money to ensure that the five Kidney Charities did not have to spend their own resources on the day. Next year Sandra Curry of Kidney Research UK will take over as WKD oversight chairman as Tim will have done six years in that role.



The merging of Kidney research UK and Kids Kidney research will mean that next year there will be four charities only making up the oversight group.



NKF HELPLINE

0845 601 02 09

Calls charged at 5p per min
Mobile calls are as per net work charges.

Calls are answered directly by our trained Helpline staff between 9am to 5pm Mon-Fri



The safe use of mobile phones in NHS hospitals

You can probably use your mobile phone in some areas of the hospital to make calls or send text messages. However, if your phone has a camera, it's unlikely you'll be allowed to take photographs. It will depend on the hospital's policy on the use of mobile phones. Depending on your hospital's policy, areas where mobile phone use is allowed could include:

- the hospital entrance or reception
- communal areas such as cafés and lift lobbies
- day rooms
- non-clinical areas on wards where direct medical care is not given
- Department of Health guidance recommends that hospitals should display signs to show where mobile phones can be used.

Hospital signs will also say where you can't use your mobile phone.

Why mobile phones affect patient safety and medical equipment

The NHS says mobile phone interference can stop lifesaving equipment from working correctly. These include:

- Dialysis machines
- Defibrillators
- Ventilators
- Monitors
- Pumps

It also says loud ringtones can sound like medical alarms, which could make patients panic or cause confusion.

In its 2009 report, the Department of Health raised concerns that patients could be tempted to unplug medical equipment in a bid to charge their mobile phone.

It says: "Mobile and camera phones need to be charged via the mains power supply. Consequently, there is a risk that an essential medical device may be inadvertently unplugged in order to charge a mobile device. In addition, patients' chargers are not electrically Portable Appliance Tested (PAT), and this may contravene hospital policy and health and safety regulations."



NKF spring draw

Thank you to everyone that bought tickets for the spring draw, the draw took place on Wednesday 10th at the head offices of the NKF in Worksop and the lucky winners are as follows

	Prize	Name	Ticket Number
1 st Prize	£1,500.00	E Parkin	192408
2 nd Prize	A weekend for two at the NKF Conference in October	A Whalley	097482
20 prizes	£25.00	F Ashford	167000
		F Ashford	166999
		J Draughn	198552
		J Davies	196521
		S Perez	132302
		A Hallworth	262465
		R Lee	336239
		B J Abell	149258
		N Powney	148299
		K Archer	255739
		S Brown	182884
		R Hook	337863
		R Kelly	016987
		W Boon	141659
		F Janeczko	184592
		M Lee	125318
		J James	290346
		K G Marshall	091971
		G Phillips	268509
		A M Bird	336017

KPA special Christmas draw tickets

Soon we will be printing our Christmas draw tickets, as previous years we offer the KPA's their own special tickets where 60% of the sales goes back to the KPA (a different colour ticket to the others) if you would like to take us up on our offer please email pete.revell@kidneynkf.com with the quantity of books you require.

NKF £1 Key rings

Never fumble for a £1 coin at the supermarket again.

As we all know the new 12 sided £1 coin has just been introduced and the old one is being taken out of circulation forever. Supermarkets across the UK are changing their trolleys to accommodate the new £1 coin. But, I hear you shout 'I have a trolley key ring token'. NKF to the rescue... we now have the new 12 sided £1 coin trolley tokens available to buy at £1.50 (includes P&P). And you will be supporting NKF by purchasing yours through us.

To purchase yours – and one for friends and family too – please go to <http://store.kidney.org.uk/>



London Bridges Trek

How far? - 25km. How many? - 16 of London's finest bridges. When? - Sat 9th September.



Join us and over 2,000 supporters as we venture across the Capital taking in magnificent views of the London skyline from its very best vantage points. We set out from Putney Bridge and head east towards the City, zigzagging over its many famous bridges - each with its own fascinating story. We have a mid-way pit-stop in Vauxhall for some snacks & drinks and then, 25km later it's a Southwark finish line celebration at Tower Bridge.

This is a great opportunity to get out, get fitter, meet others and explore the very best of London!

For more detail please call Pete Revell on 01263 722287 or visit the NKF website at <http://www.kidney.org.uk/fundraising/donate-to-the-nkf/sponsored-events/walking/thames-bridges-trek-2017/>

Congratulations goes out to two fundraisers Cat Tansley and Phillip Laurier who ran the London marathon to raise money for the NKF.



Running the London marathon is such an achievement but raising over £4,747 is even bigger. Cat completed the marathon in 5 hours 3 minutes and 30 seconds and Phillip did it in 6 hours 6 minutes and 3 seconds despite recovering from an accident. Both have already registered for a place in next year's London marathon and Cat will be running in the Edinburgh marathon on May 28th.



The photo is of last week where Pete Revell our Head of Fundraising was presented with the cheque.

From left to right, Matt Tansley Manager of the Virgin Money Lounge in Norwich and kidney patient, Phillip Laurier, Cat Tansley and Pete Revell.

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www.kidney.org.uk

The NKF - the largest Kidney Patient charity in the UK
A federation of more than fifty patient charities, supporting kidney patients & carers

NKF (National Kidney Federation)
The Point, Coach Road, Shireoaks, Worksop, Nottinghamshire, S81 8BW
Charity No 1106735 Company No 5272349 Reg. in England & Wales Give as you earn contributions No CAF.GY511

