

PARACHUTING



CLICK

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Various dates and venues to suit you (see map).

There are three types of jumps available - an **Accelerated Free Fall** where you can experience the thrill of skydiving solo from up to 12,000 feet, a **Tandem Skydive** from 10,000 feet attached to a professional instructor and a **Static Line** jump which is performed solo from up to 3,000 feet - and you can jump from any one of over twenty British Parachute Association approved airfields across the UK.



No experience is necessary as all training is given. So if you would like to make a thrilling skydive from 10,000 feet or an exhilarating solo jump from up to 3,000 feet please contact us.

min sponsorship from £395



FOR MORE INFO CONTACT:
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www.kidney.org.uk/events

WORLD KIDNEY DAY

2012

8th March 2012

CLICK

World Kidney Day is celebrated in over 100 countries worldwide on the second Thursday in March every year. It raises awareness of the importance of healthy kidneys and the positive effects of transplantation.



Here at the NKF we want you to do your bit on World Kidney Day and have fun plus raise some money for our charity. Use your imagination and get lots of people involved, maybe get the renal unit to all wear silly hats for the day, have a sponsored walk around the hospital or unit, cake sale or balloon race.

Whatever you do we are here to help you with T shirts, sponsor forms and event posters if you need them.



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